



VEGETARIAN CHILI

Nutrition Information



| | Calories | Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vitamin D (mcg) | Calcium (mg) | Iron (mg) | Potassium (mg) |
|-------------------------------------|----------|---------|-------------------|---------------|------------------|-------------|-----------|-----------|------------|-------------|-----------------|--------------|-----------|----------------|
| WAYS | | | | | | | | | | | | | | |
| Regular 2-Way | 380 | 11 | 2 | 0 | 0 | 1210 | 56 | 5 | 2 | 16 | 0 | 94 | 2 | 390 |
| Regular 2-Way Bean and Onion | 480 | 11 | 2 | 0 | 0 | 1490 | 74 | 10 | 5 | 21 | 0 | 119 | 3 | 610 |
| Regular 3-Way | 730 | 40 | 21 | 1.5 | 90 | 1780 | 58 | 5 | 3 | 37 | 0 | 707 | 2 | 390 |
| Regular 4-Way Bean | 830 | 41 | 23 | 2 | 130 | 1900 | 70 | 9 | 5 | 45 | 0 | 679 | 4 | 470 |
| Regular 4-Way Onion | 750 | 40 | 21 | 1.5 | 90 | 1780 | 61 | 5 | 3 | 34 | 0 | 605 | 2 | 390 |
| Regular 5-Way | 830 | 40 | 21 | 1.5 | 90 | 2060 | 74 | 10 | 6 | 42 | 0 | 732 | 3 | 610 |
| Super 2-Way | 580 | 16 | 3 | 0 | 0 | 1820 | 83 | 7 | 3 | 24 | 0 | 141 | 3 | 580 |
| Super 2-Way Bean and Onion | 710 | 17 | 3 | 0 | 0 | 2180 | 109 | 14 | 7 | 30 | 0 | 174 | 4 | 870 |
| Super 3-Way | 980 | 50 | 25 | 1.5 | 105 | 2480 | 84 | 7 | 4 | 49 | 0 | 857 | 3 | 580 |
| Super 4-Way Bean | 1080 | 50 | 25 | 1.5 | 105 | 2850 | 102 | 13 | 8 | 54 | 0 | 890 | 5 | 870 |
| Super 4-Way Onion | 1020 | 50 | 25 | 1.5 | 105 | 2490 | 93 | 8 | 4 | 50 | 0 | 857 | 3 | 580 |
| Super 5-Way | 1120 | 50 | 25 | 1.5 | 105 | 2850 | 111 | 14 | 8 | 55 | 0 | 890 | 5 | 870 |
| Small/Child 2-Way | 230 | 6 | 1 | 0 | 0 | 630 | 36 | 3 | <1 | 9 | 0 | 47 | 1 | 190 |
| Small/Child 2-Way Bean and Onion | 320 | 6 | 1 | 0 | 0 | 910 | 52 | 8 | 4 | 14 | 0 | 72 | 2 | 410 |
| Small/Child 3-Way | 410 | 20 | 10 | 0.5 | 45 | 920 | 36 | 3 | 1 | 20 | 0 | 354 | 1 | 190 |
| Small/Child 4-Way Bean | 450 | 20 | 10 | 0.5 | 45 | 1100 | 45 | 6 | 3 | 23 | 0 | 370 | 2 | 340 |
| Small/Child 4-Way Onion | 420 | 20 | 10 | 0.5 | 45 | 920 | 39 | 3 | 1 | 20 | 0 | 354 | 1 | 190 |
| Small/Child 5-Way | 470 | 20 | 10 | 0.5 | 45 | 1100 | 48 | 6 | 3 | 23 | 0 | 370 | 2 | 340 |
| CONEYS | | | | | | | | | | | | | | |
| Coney | 220 | 11 | 3 | 0 | 20 | 790 | 23 | <1 | 3 | 8 | 0 | 85 | 1 | 310 |
| Cheese Coney | 310 | 18 | 8 | 0 | 45 | 940 | 23 | <1 | 3 | 13 | 0 | 238 | 1 | 310 |
| Chili Sandwich | 140 | 4 | 0.5 | 0 | 0 | 570 | 22 | <1 | 3 | 5 | 0 | 64 | 1 | 100 |
| Chili Cheese Sandwich | 260 | 14 | 7 | 0 | 30 | 760 | 22 | <1 | 3 | 12 | 0 | 268 | 1 | 100 |
| Coney Crate | 3100 | 180 | 80 | 0 | 450 | 9400 | 230 | 10 | 30 | 130 | 0 | 2380 | 10 | 3100 |
| BURRITOS & BURRITO BOWLS | | | | | | | | | | | | | | |
| Gold Star Chili Burrito | 820 | 41 | 19 | 1 | 65 | 2000 | 81 | 5 | 4 | 31 | 0 | 480 | 2 | 330 |
| Gold Star Chili Burrito Bowl | 510 | 33 | 15 | 1 | 65 | 1350 | 30 | 4 | 4 | 23 | 0 | 491 | 2 | 410 |
| Gold Star Chili Burrito Deluxe | 1020 | 58 | 26 | 1.5 | 95 | 2480 | 85 | 6 | 5 | 41 | 0 | 709 | 3 | 430 |
| Gold Star Chili Burrito Deluxe Bowl | 720 | 50 | 22 | 1.5 | 95 | 1840 | 34 | 4 | 5 | 33 | 0 | 709 | 3 | 430 |
| Gorito | 590 | 29 | 12 | 0 | 35 | 1340 | 62 | 3 | 1 | 18 | 0 | 246 | 1 | 130 |



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|-------------------------------|----------|---------|-------------------|---------------|------------------|-------------|-----------|-----------|------------|-------------|-----------------|--------------|-----------|----------------|
| BURGERS | | | | | | | | | | | | | | |
| Veggie Chili Burger - Single | 670 | 39 | 15 | 1.5 | 90 | 1170 | 50 | 3 | 7 | 31 | 0 | 326 | 5 | 260 |
| Veggie Chili Burger - Double | 980 | 65 | 24 | 3 | 160 | 1490 | 54 | 3 | 7 | 46 | 0 | 361 | 7 | 260 |
| SALADS | | | | | | | | | | | | | | |
| Veggie Chili Salad - Full | 620 | 40 | 11 | 0 | 30 | 1480 | 44 | 6 | 6 | 21 | 0 | 356 | 2 | 570 |
| Veggie Chili Salad - Half | 310 | 20 | 6 | 0 | 15 | 740 | 22 | 3 | 3 | 10 | 0 | 178 | 1 | 290 |
| FRIES | | | | | | | | | | | | | | |
| Chili Fries | 480 | 21 | 1 | 0 | 0 | 990 | 63 | 6 | <1 | 9 | 0 | 47 | 1 | 1090 |
| Chili Cheese Fries | 830 | 50 | 20 | 1.5 | 90 | 1560 | 64 | 6 | 2 | 30 | 0 | 660 | 1 | 1090 |
| CHILI | | | | | | | | | | | | | | |
| Chili Bowl (8 oz) | 200 | 13 | 2.5 | 0 | 0 | 1390 | 10 | 2 | 3 | 11 | 0 | 126 | 2 | 520 |
| Chili Bowl (16 oz) | 400 | 26 | 4.5 | 0 | 0 | 2780 | 20 | 5 | 5 | 21 | 0 | 251 | 4 | 1040 |
| Chili Bowl (side order) | 50 | 3 | 0.5 | 0 | 0 | 350 | 2 | <1 | <1 | 3 | 0 | 31 | 1 | 130 |
| Chili Bowl with Beans (8 oz) | 250 | 10 | 1.5 | 0 | 0 | 1400 | 25 | 8 | 6 | 14 | 0 | 127 | 3 | 680 |
| Chili Bowl with Beans (16 oz) | 400 | 17 | 3 | 0 | 0 | 2280 | 39 | 12 | 9 | 22 | 0 | 206 | 5 | 1080 |